

The Development of a multiagency Drugs and Alcohol Strategy for Bristol

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Introduction

Problematic drug and alcohol use is a major issue in Bristol.

Effective public policy needs to address education, prevention, early intervention, harm reduction, treatment and supply.

Bristol's One City Plan sets out the following ambition.

- By 2024 the year on year increase in substance misuse related deaths has been reversed.
- By 2034 alcohol related harm in the population will be significantly reduced, as measured by alcohol related hospital admissions.
- By 2036 to reduce the number of substance misuse related deaths by 25%, over a period between 2018 and 2036 or sooner.
- By 2044 Bristol will have reduced the number of substance misuse related deaths by 50%, over a period between 2018 and 2044 or sooner.



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Emerging vision and principles

Our vision is to make Bristol a place where everyone can have the best start in life, live well and age well, safe from the harms caused by drugs and alcohol.

Bristol will be a place where:

- children, young people and families have the best start in life and future generations grow up protected from the impact of drug and alcohol misuse.
- people who drink alcohol choose to do so responsibly and safely.
- people are empowered to avoid using drugs and alcohol to cope with adversity and the stresses and strains of life.
- our services and communities work together to build resilience and address the harms caused by drugs and alcohol.
- individuals who develop drug and alcohol problems can recover and live fulfilling lives in strong resilient communities.



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Problematic substance use is associated with:

- Emotional and mental health problems
- Homelessness
- Relationship breakdown
- Violence including domestic violence
- Anti-social behaviour
- Crime
- Exploitation



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Alcohol

The alcohol specific mortality rate for Bristol is 13.6 per 100,000 - that is approximately 40 to 50 deaths per year.

The alcohol-related mortality rate for Bristol is 56.8 per 100,000 - that is 197 deaths per year.

Alcohol is a causal factor in over 60 medical conditions including mouth, throat, liver and breast cancer.

An estimated 1300 people in Bristol are alcohol dependent with 700 in treatment



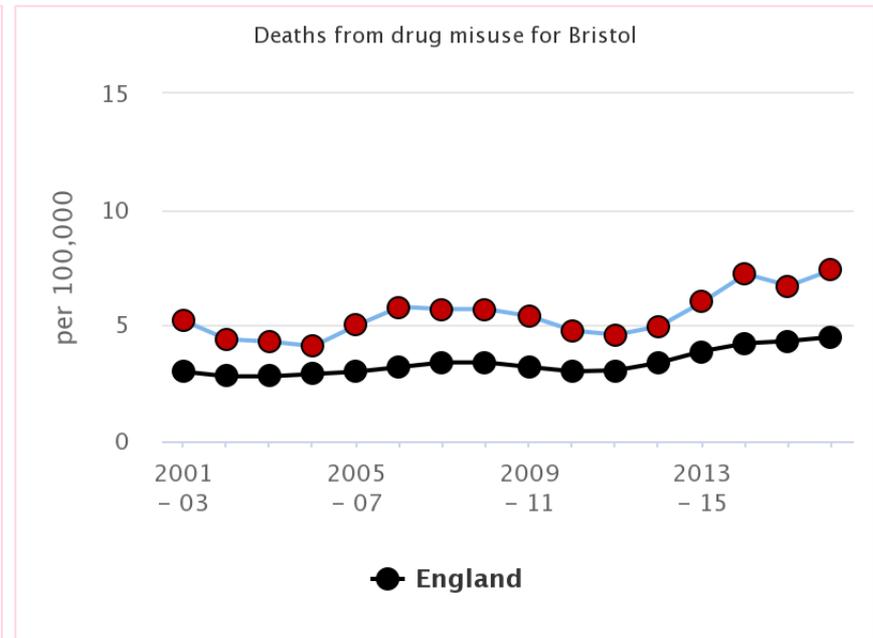
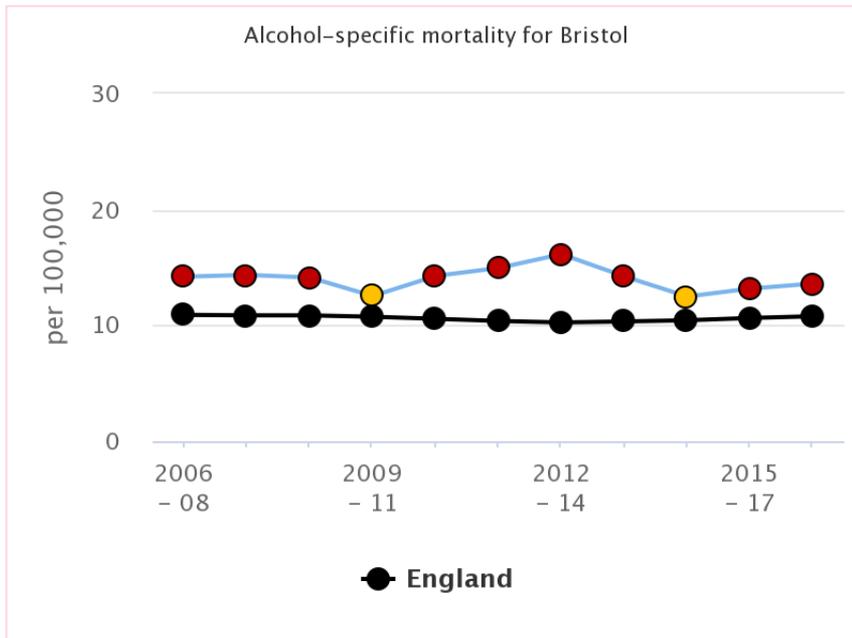
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Mortality

Data for the period 2016-2018

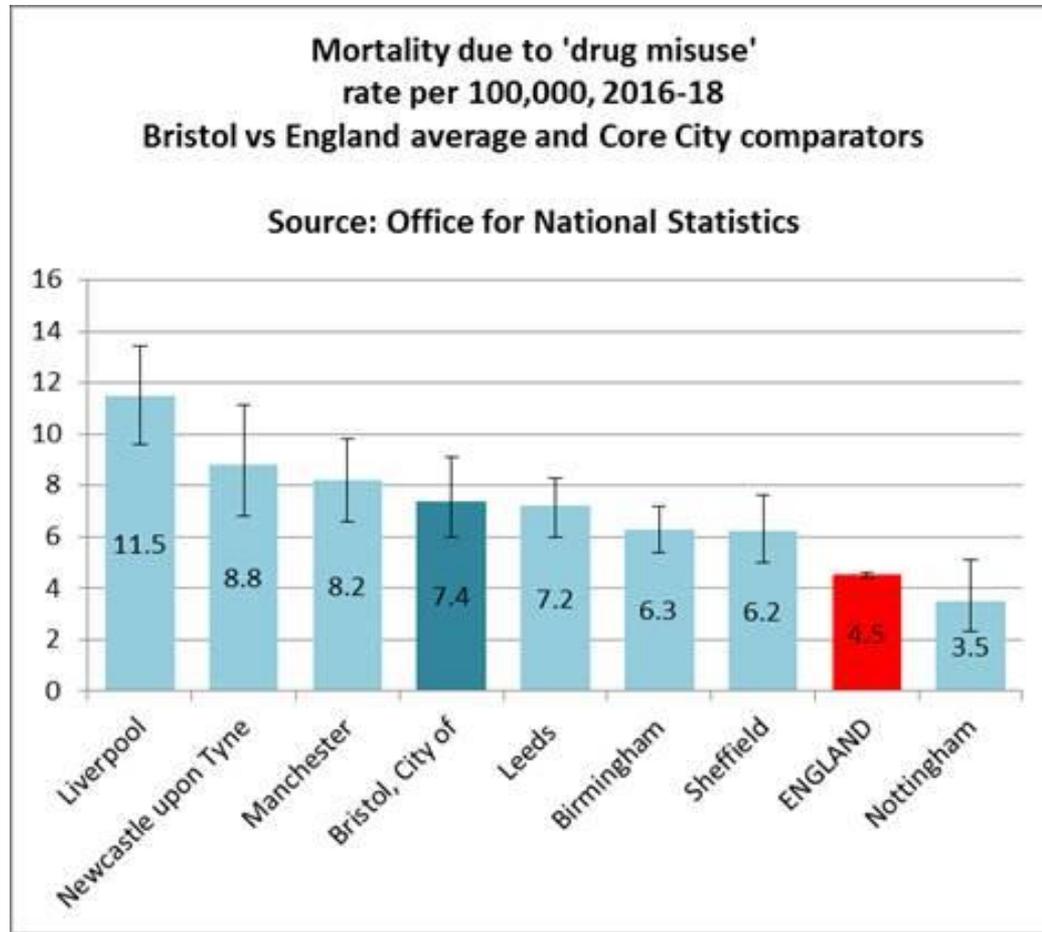
- **7.4 deaths per 100,000** of the population from drug misuse
- **13.6 deaths per 100,000** alcohol specific mortality



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Bristol and Core City comparators



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Non – opiate use in Bristol

Non – opiates include cannabis and novel psychoactive substances such as ‘Spice’.

Non - opiate use is widespread and accounts for much ‘social’ drug use.

Around 700 people are in treatment for non - opiate use but opiate users often engage in poly substance use



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Opiate use in Bristol

It is estimated that:

- 4000 people use opiates (heroin and Crack Cocaine);
- 2,600 opiate users are in treatment;
- 900 individuals access needle and syringe exchange programmes;
- 2000 opiate users are not engaged with services.



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Young People

The most recent Public Health England data on alcohol and young people tells us that:

- rates of 15 year olds who drink alcohol at least weekly, are similar in Bristol (6.1%) to those for England as a whole (6.2%).
- rates of cannabis use in the last month among 15 year olds in Bristol (8.9% compared to 4.6%)are among the highest in the country.
- Far more 15 year olds in Bristol have had an alcoholic drink (66.7%) than have tried cannabis (17.7%)

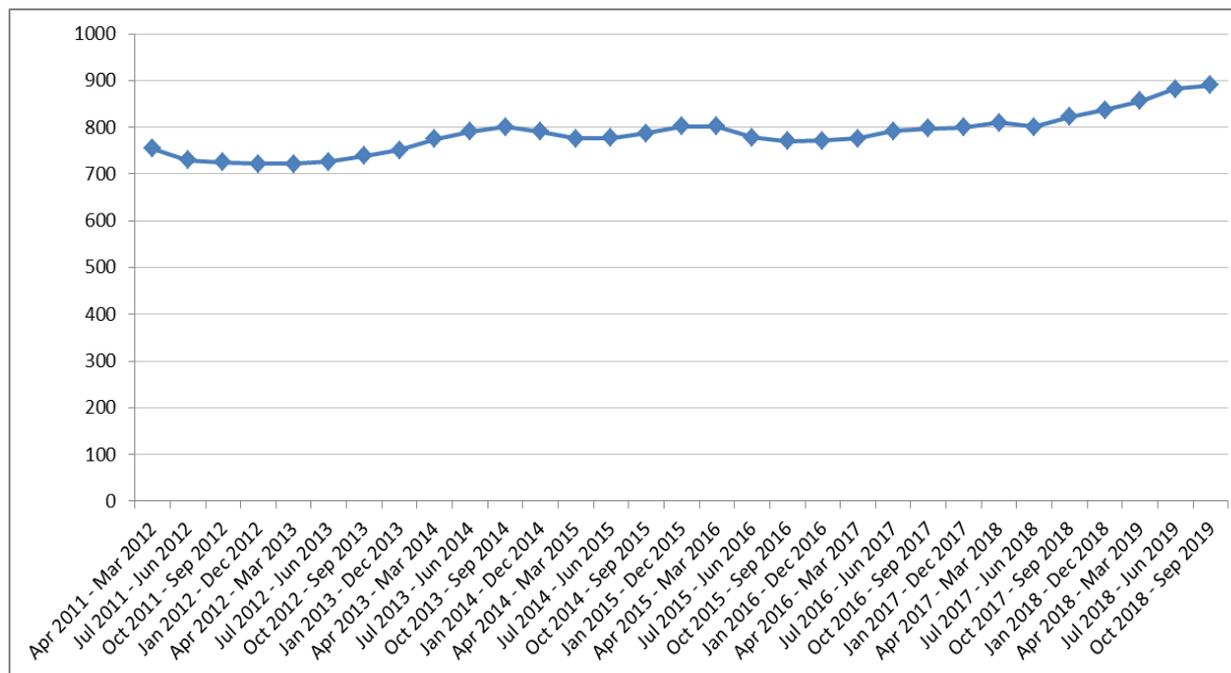


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Alcohol-related admissions (NHS Digital Hospital Episode Statistics)

- Alcohol-related admissions in Bristol is 891 per 100,000



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Themes from early engagement events

- Prevention
- Importance of aspiration and hope
- ACE aware and trauma informed practice
- Use of licencing and other regulatory powers
- Access to treatment
- Harm reduction
- Community and Neighbourhood interventions
- Strengths based and resilience focussed approaches
- Peer led support and recovery



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1. Timeline

- Needs assessment – October 2019 ✓
- People Scrutiny – 26th November 2019 ✓
- Early engagement stakeholders – December 2019 ✓
- Further engagement January – February 2020
- Sign offs prior to public consultation and pre and post election period – June 2020
- Draft document for public consultation – June/July 2020



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Emerging vision and principles – discussion

Our vision is to make Bristol a place where everyone can have the best start in life, live well and age well, safe from the harms caused by drugs and alcohol.

By (*HWB to decide timeframe in line with One City Plan*) Bristol will be a place where:

- children, young people and families have the best start in life and future generations grow up protected from the impact of drug and alcohol misuse.
- **people who drink alcohol choose to do so responsibly and safely.**
- people are empowered to avoid using drugs and alcohol to cope with adversity and the stresses and strains of life.
- our services and communities work together to build resilience and address the harms caused by drugs and alcohol.
- individuals who develop drug and alcohol problems can recover and live fulfilling lives in strong resilient communities.



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Thank You!



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